

Béla Bartha

The immensity in us

Guideposts to the light within



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Autor: Béla Bartha

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The source of my guideposts

Whenever wisdom manifests itself in words, I am always in a state of non-thinking. If I try to write something down it doesn't work. I have to let go of all my thoughts, of past and future. Then I am in the state of being. Only when I am in that moment and not lost in thought, then it happens and I am open to receive the guideposts.

This state of mind is the source of all creative and artistic activities. It happens spontaneously and any time, that's why I always carry my notebook with me, to capture these moments in words. For me this is a way of meditation. When I write down my feelings I am in absolute balance with my life, which is always changing. I cannot force this moment of being, only let it happen. I call it the source of life.

This is available any time and always surrounds us. We only have to learn to recognize this dimension and let it flow through us into our lives.

It is a moment of happiness with a very high vibration. If I write down a guidepost in this way, I know that I can help many people to self-awareness on a higher level and to perceive who and what everyone is.

In time this insight leads to a beneficial unity and to a global change.

Bartha Béla

The beauty of nature has its origin in a level of consciousness, which is in constant contact with the stillness of life.

This stillness can be found everywhere within us and around us. It is always there. It is made up of non-perceivable life force, the same as all phenomena on earth and in the universe (e.g., the flowing pure energy of life, from which matter comes into existence).

We can connect with this life force anytime, as it flows through each and every body cell. We just need to tune into stillness. It is the source of our true self.

If we open ourselves to the images and words, we experience a deep contentment.

This contentment enables us to perceive life with a new consciousness.



*We are all windows
to the infinity of life.
Open your heart to the present moment
and you will know yourself.*

*Absolute truthfulness opens the way
to your true self
and is a door to your higher self.
Everything else leads you to negative experiences.*



**Know that everything
returns to where it came from:
to the inexplicable immense force of
LIGHT and LOVE.**

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